

Dear Highshore Families,

Some of you may be aware that last week, fifteen Year 13 and 14 students attended the PGL Little Canada Adventure Camp located in Ryde on the Isle of Wight. We arrived on Monday and left after lunch on Friday. We had our own house at the site where we could base ourselves. For many of our students, this was their first time away from home and their families.

Each day had a jam-packed itinerary with a variety of physical and team-building activities. These ranged from sailing on special sailboats called keelboats, problem-solving activities, and survival activities to a number of activities that involved scaling substantial heights, such as trapeze jumping, zipwire riding, and a climbing wall. In the evening, there was the opportunity to play board games, quizzes, or football on one of the courts.

It was an extraordinarily 'full-on' 5 days for everyone, but we were so proud of all the students. Their determination and perseverance to take on activities that would be daunting for many of them (and us!) showed great courage. This meant that when they did succeed, and many times they did, this highlighted what amazing things they could achieve if they really believed in themselves.

Alongside these physical achievements, I also want to mention how all the students supported and helped one another. They all showed great teamwork and camaraderie. I think this is what led to us all having such a rewarding and enjoyable visit. My great thanks go to all the students and, most importantly, the team of adults who supported us during our stay. It was a fantastic time.

This week, on Wednesday and Thursday, Ofsted inspectors visited the school to carry out a trial of their training practices without judgement. We welcomed this opportunity to show how brilliant our School, staff, and pupils are. We will share any feedback in due course.

As always, our doors are always open, and we welcome any feedback, questions, or concerns you may have. Please don't hesitate to reach out to us on [0207 708 6790](tel:02077086790) or the Family Support mobile number ([07511849450](tel:07511849450)). Alternatively, you can email familysupport@highshore.southwark.sch.uk.

Thanks and have a good weekend,

Richard

Pupils of the Week

7A	Tristan — For an enthusiastic swimming lesson
7R	Daniel — For excellent work in music
8R	Connor R — For making progress with telling the time to 5 minutes
8T	Desire — For helping peers by modelling practice during learning activities
8J	Lucy — For completing her home morning routine everyday
9J	Ayman — For becoming more interested in reading and reading every day in school
9R	Jamal — For fantastic reading to an adult all week
10O	Edie — For outstanding work in Life Skills when cooking she reminded Oli to wash our hands
10L	Tahira — For excellent Maths work
11L	Rumana — For excellent effort in phonics
11R	Thomas — For communicating and engaging in classes
12C	Nehemiah — For being a good role model to other students
12N	Allysha — For making a great effort coming into school
13/ 14C	Oyin — For improving her 2's 5's and 10 timetables
Y13	Naiim — For much improved listening skills
13/ 14L	Molly — For her wonderful integration into our Sixth Form common room
14K	Bobby — For asking good questions about his reading book
14L	Aleasha — For being a role model during the trip to the Isle of Wight



Stars of the week



KS3— Oliver—8R—For confidently speaking to visitors.

KS4—Faith—11L—For answering and asking excellent questions.

KS5—Alfie—14L—For riding from London to Brighton to support a Downs Syndrome and SEN charity

DATES FOR YOUR

DIARY:

Friday 5th July:

Sports Day (Olympic Theme!)

Friday 12th July:

Prom Night (17:00-20:00)

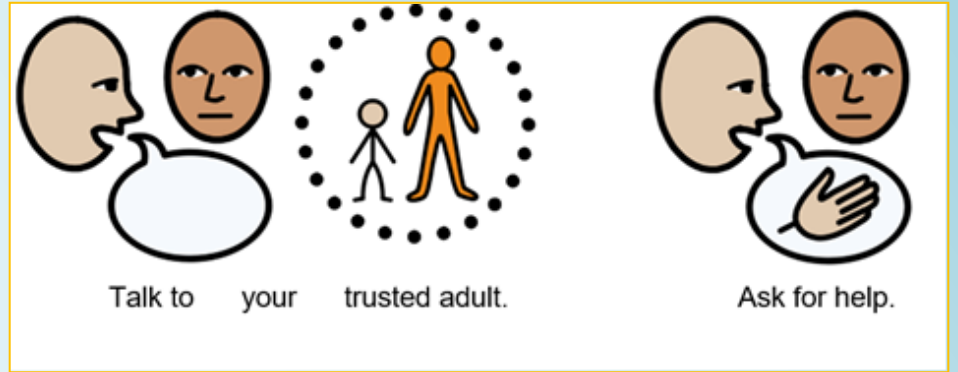
Tuesday 16th & Wednesday 17th July:

Leavers' Assemblies

Thursday 25th July:

Last day of term—13:30 finish.

Safeguarding Bulletin



This week's term: Cyber Bullying

Cyberbullying is when people use technology to target another person in a way that is unkind. They might harass, threaten, embarrass, trick, insult or exclude another person.

It can take place on your phone, games console, tablet or computer, on gaming platforms and social networks such as TikTok, Snapchat, Discord and WhatsApp.

Cyberbullying includes online threats and unkind, aggressive, or rude texts, tweets, posts, or messages. It also includes posting personal information about people online (also known as doxing) and posting or circulating pictures or videos of them that are designed to hurt, upset or embarrass.

Sometimes we know the person who is targeting us because they might bully us in real life, for example at school. However, cyberbullying can be anonymous and hard to trace. It's also hard to control, and the person being victimized has no idea how many people have seen the unkind messages or posts.

Online bullying can follow you wherever you go, especially if you have a mobile phone – it's with you, in your pocket at all times! This means that you can be tormented nonstop, whenever you check your device or computer. This can make cyberbullying particularly upsetting and distressing.

If you're worried that your child is experiencing cyberbullying, removing your child's internet access or mobile phone completely is unlikely to solve things. They may try to access the internet elsewhere or secretly. Instead:

- Have open conversations with your child about what's going on. It's important that your child feels able to talk to a trusted adult if they are worried or upset.
- Do not respond to unkind communication.
- Review privacy settings
- Use technology together, in shared spaces in the home, rather than alone
- Make sure your child knows how to block anyone who posts upsetting things. You can usually find details of how to do this in the help or online safety area under Settings.
- Report anyone bullying your child to the platform where it's happened.

For more information about how to support your child if they're experiencing cyberbullying, visit the NSPCC website and search 'Cyberbullying'.

Residential Roundup!

