

# WEEKLY MENU

## MON

## TUE

## WED

## THUR

## FRI

### WK 1

15TH APRIL  
29TH APRIL  
13TH MAY  
3RD JUNE  
17TH JUNE  
1ST JULY  
15TH JULY  
2ND SEPT  
16TH SEPT  
30TH SEPT  
14TH OCT

Margherita Pizza <sup>1,3,7,9</sup> V  
Loaded Cajun Bean Wedges <sup>VG</sup>  
Jackets with a Choice of Toppings <sup>7,8,9</sup>  
=====  
New Potatoes  
Seasonal Vegetables  
=====  
Apple Crumble <sup>1</sup> VG & Custard <sup>7</sup>  
Homemade Biscuit <sup>1</sup> VG  
Fruit Pots <sup>VG</sup>

Sausage Roll <sup>1,6</sup>  
Quorn Sausage & Gravy <sup>1</sup> VG  
Jackets with a Choice of Toppings <sup>7,8,9</sup>  
=====  
Mashed Potato  
Baked Beans  
Broccoli  
=====  
Strawberry Mousse <sup>7</sup>  
Homemade Biscuit <sup>1</sup> VG  
Fruit Pots <sup>VG</sup>

Roast Chicken & Gravy  
Samosa Puff <sup>1</sup> VG  
Jackets with a Choice of Toppings <sup>7,8,9</sup>  
=====  
Rustic Roast Potatoes or Jollof Rice  
Green Beans  
Carrots  
=====  
Crispy Cake <sup>3,7,16</sup>  
Homemade Biscuit <sup>1</sup> VG  
Yoghurt <sup>3,7</sup>  
Fruit Pots <sup>VG</sup>

Beef & Potato Curry  
Cheesy Pasta <sup>1,7</sup> V  
Jackets with a Choice of Toppings <sup>7,8,9</sup>  
=====  
Rice  
Cauliflower  
Carrots  
Herby Bread <sup>1,3,7,9</sup>  
=====  
Lemon Drizzle Cake <sup>1,9</sup>  
Homemade Biscuit <sup>1</sup> VG  
Yoghurt <sup>3,7</sup>  
Fruit Pots <sup>VG</sup>

Fish Fingers <sup>1,8</sup>  
Summer Frittata <sup>7,9</sup> V  
Jackets with a Choice of Toppings <sup>7,8,9</sup>  
=====  
Chips  
Peas  
Baked Beans  
=====  
Caramel Cookie <sup>1,7</sup>  
Yoghurt <sup>3,7</sup>  
Fruit Pots <sup>VG</sup>

### WK 2

22ND APRIL  
6TH MAY  
20TH MAY  
10TH JUNE  
24TH JUNE  
8TH JULY  
22ND JULY  
9TH SEPT  
23RD SEPT  
7TH OCT  
21ST OCT

Singapore Noodles <sup>1,3,16</sup> VG  
Cheese & Bean Wrap Pocket <sup>1,7</sup> V  
Jackets with a Choice of Toppings <sup>7,8,9</sup>  
=====  
New Potatoes  
Seasonal Vegetables  
=====  
Ice Cream <sup>7</sup>  
Homemade Biscuit <sup>1</sup> VG  
Fruit Pots <sup>VG</sup>

Chicken Pie <sup>1</sup>  
Tomato & Herb Pasta <sup>1</sup> VG  
Jackets with a Choice of Toppings <sup>7,8,9</sup>  
=====  
Mashed Potato  
Cauliflower  
Carrots  
=====  
Banana & Toffee Cake <sup>1,7,9</sup>  
Homemade Biscuit <sup>1</sup> VG  
Fruit Pots <sup>VG</sup>

Roast Chicken & Gravy  
Vegetable Toad in the Hole <sup>1,7,9</sup> V  
Jackets with a Choice of Toppings <sup>7,8,9</sup>  
=====  
Rustic Roast Potatoes or Jollof Rice  
Cabbage  
Peas  
=====  
Fruit Jelly <sup>VG</sup>  
Homemade Biscuit <sup>1</sup> VG  
Yoghurt <sup>7</sup>  
Fruit Pots <sup>VG</sup>

Penne Bolognese <sup>1</sup>  
Rice & Bean Burrito <sup>1</sup> VG  
Jackets with a Choice of Toppings <sup>7,8,9</sup>  
=====  
Baked Wedges  
Green Beans  
Carrots  
Garlic Bread <sup>1,3,7,9</sup>  
=====  
Beetroot Cake <sup>1,9</sup>  
Homemade Biscuit <sup>1</sup> VG  
Yoghurt <sup>3,7</sup>  
Fruit Pots <sup>VG</sup>

Fish Fingers <sup>1,8</sup>  
Vegetable Pastie <sup>1</sup> VG  
Jackets with a Choice of Toppings <sup>7,8,9</sup>  
=====  
Chips  
Peas  
Baked Beans  
=====  
Vegan Brownie <sup>1</sup> VG  
Yoghurt <sup>3,7</sup>  
Fruit Pots <sup>VG</sup>

KEY: VG Vegan V Vegetarian

AVAILABLE DAILY:

Selection of Salads <sup>9</sup>, Homemade Bread <sup>1,3,7,9</sup>.

Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.



DISHES MARKED WITH ANY OF THE FOLLOWING NUMBERS CONTAIN THE MATCHING ALLERGEN:

- 1 Wheat Gluten
- 2 Crustaceans
- 3 Soybean
- 4 Mustard
- 5 Sesame
- 6 Sulphites/Sulphur Dioxide
- 7 Milk
- 8 Fish
- 9 Egg
- 10 Peanuts
- 11 Molluscs
- 12 Celeriac/Celery
- 13 Nuts
- 14 Lupins
- 15 Oat Gluten
- 16 Barley Gluten

HIGHSHORE