

Apr to Oct 2023

WEEKLY MENU

REMEMBER... RECEPTION, YEAR 1 & YEAR 2 ARE ENTITLED TO FREE SCHOOL MEALS. THIS EXCLUDES INDEPENDENT SCHOOLS





WEEK 1

17th Apr 1st May

15th May 5th June

19th June

3rd July

17th July

4th Sept

18th Sept

2th Oct

16th Oct

MONDAY

Macaroni Cheese 1,7 v Vegetable Hot Pot vg Jackets with a Choice of Toppings 78.9

> Green Beans Carrots

Ice Cream 7
Mr Nourish Biscuit 1
Yoghurt Pots 7
Jelly Pots
Fruit Pots

TUESDAY

Sweet & Sour Chicken & Rice

> Tomato & Herb Pasta Twists 1 vg

Jackets with a Choice of Toppings 7.8.9

> Sweetcorn Courgettes

Chocolate Brownie 1.9
Mr Nourish Biscuit 1
Yoghurt Pots 7
Jelly Pots
Fruit Pots

WEDNESDAY

Roast Chicken & Gravy Vegan Sausage Roll 179 Jackets with a Choice of Toppings 78.9

Rustic Roast Potatoes
Jollof Rice
Cabbage
Carrots

Fruit Jelly
Mr Nourish Biscuit 1
Yoghurt Pots 7
Jelly Pots
Fruit Pots

THURSDAY

Penne Bolognaise 1
Pitta Calzone & Rice 1,7 V

Jackets with a Choice of Toppings 78,9

Seasonal Vegetables

Peach Sponge 1,9
Mr Nourish Biscuit 1
Yoghurt Pots 7

Jelly Pots Fruit Pots

FRIDAY

Fish Fingers 1.8 Cheese & Spinach Pinwheel 1.7v

Jackets with a Choice of Toppings 7.8.9

Chips
Peas
Baked Beans
Coleslaw 9

Banana Bar 1.15 Yoghurt Pots 7 Jelly Pots Fruit Pots

Dishes marked with any of the following numbers contain the matching allergen:

1 Wheat Gluten
2 Crustaceans

3 Soybean 4 Mustard

5 Sesame

6 Sulphites/ Sulphur Dioxide

> 7 Milk 8 Fish

9 Egg

10 Peanuts
11 Molluscs

12 Celeriac/Celery

13 Nuts 14 Lupins

15 Oat Gluten
16 Barley Gluten

Allergen ccreditation

WEEK 2

24th Apr 8th May

22nd May

12th June

26th June

10th July

11th Sept

25th Sept 9th Oct

23rd Oct

Margherita Pizza 1,3,7,9 v

Loaded Cajun Bean Wedges vg Jackets with a Choice of Toppings 78.9

New Potatoes Seasonal Vegetables

Banana in Chocolate Custard 7 Mr Nourish Biscuit 1 Yoghurt Pots 7 Jelly Pots Fruit Pots Sweet Chicken Curry Arrabiatta Pasta 1 Vg Jackets with a Choice of Toppings 78.9

> Rice Carrots Cauliflower

Apple Crumble 1 & Custard 7 Mr Nourish Biscuit 1 Yoghurt Pots 7 Jelly Pots Fruit Pots Toad in the Hole 1,6,7,9

Vegetable Toad in
The Hole 1,7,9 v

Jackets with a
Choice of Toppings 7,8,9

Rustic Roast Potatoes Broccoli Sweetcorn

Crispy Cake 3,7,16
Mr Nourish Biscuit 1
Yoghurt Pots 7
Jelly Pots
Fruit Pots

Chicken Pie 1 Cheesy Pasta Twists 1.7 v Jackets with a Choice of Toppings 78.9

> New Potatoes Carrots Green Beans

Lemon Drizzle Cake 1.9
Mr Nourish Biscuit 1
Yoghurt Pots 7
Jelly Pots
Fruit Pots

Fish Fingers 1.8 or Salmon Fishcakes 1.78 Cheesy Bean Slice 1.77 Jackets with a Choice of Toppings 7.8.9

> Chips Peas Baked Beans Cucumber Sticks

Caramel Cookie 1.7 Yoghurt Pots 7 Jelly Pots Fruit Pots











