

Highshore Aims of Our RSE Curriculum

	Communication	Independence	Self Help
Complex	Choice/ Pupil voice. Positive relationships.	Emotional/ Sensory regulation.	Naming body parts. The differences between male and female.
Less complex	Myself and others: social boundaries. Building understanding of familiar others and strangers. Positive relationships.	Developing understanding of self-esteem and decision making.	Looking after our bodies and developing understanding of private touch.
Most able	Thinking, feeling, doing- special relationships. Maintaining positive relationships.	To consolidate understanding of assertiveness and safety online/offline.	Body changes. Talking about puberty and reproduction.